

# Health Savings Accounts (HSA)

#### WHAT DOES THE BENIVERSAL HSA PROVIDE?

- Tax-free savings on eligible medical expenses for today and tomorrow
- A savings opportunity! You own the account. Funds carry over from year-to-year, earn interest, or can be invested
- Convenient access to account funds through the Beniversal® Prepaid Mastercard® for HSA
- Friendly and knowledgeable participant services representatives to assist with your questions

# What is a Health Savings Account?

A Health Savings Account (HSA) is a tax-free account used to pay for out-of-pocket medical expenses. These include your deductible, coinsurance, and other expenses not covered by the health plan. To contribute to an HSA, individuals must be enrolled in an HSA-compatible health plan which provides comprehensive coverage once the minimum deductible is reached.

#### WHO IS ELIGIBLE FOR AN HSA?

- 1 You must be enrolled in an HSA-compatible health plan. Your employer can provide more information on the health plan(s) that meet the requirements for an HSA.
- 2 You may not be enrolled in any other health plan that is not a qualified HSA-compatible plan. If you (or your spouse) enrolls in a Medical FSA or HRA, you may not be eligible for an HSA, unless the FSA or HRA is limited to dental and vision expenses.
- 3 You cannot be enrolled in Medicare.
- 4 You cannot be claimed as a dependent on another person's taxes.

# WHAT YOU NEED TO KNOW ABOUT AN HSA:

- You own the account. As the owner, you determine when you want to spend the funds.
- You never lose the funds. Once funds have been deposited into your account, they are yours to keep. There is no 'use-or-lose' provision. You even keep the funds if your employment changes.
- Tax-free savings for medical expenses. An HSA is the only account to provide a triple-tax benefit. Funds are deposited into the HSA tax free, grow tax-deferred, and remain tax free when used for eligible medical expenses. This saves you 30-40% on every dollar you contribute to the HSA.
- Funds grow. Funds in an HSA earn interest or can be invested.
- Contributions can be made directly until April of the following year. This is beneficial during tax season.

**Note:** States can choose to follow the federal tax-treatment guidelines for HSAs or establish their own; some states tax HSA contributions. If you have questions about your tax implications, consult your tax advisor. HSA funds used to pay for non-qualified medical expenses are subject to income taxes on the amount and a possible additional 20% penalty if you're under age 65.

#### FREQUENTLY ASKED QUESTIONS

- How much can I contribute? Contributions are based on the type of health plan coverage you are enrolled in (e.g. single or family coverage). Contributions from you and your employer cannot exceed the limits determined by the IRS. Current limits can be found on BenefitResource.com.
- When can HSA funds be used? Funds can be used for eligible medical expenses (provided after the HSA has been established) and will carry over from year to year if not used. An HSA is a cash balance account; if you incur an expense before HSA funds have been deposited, you may need to pay for the expense with another method and reimburse yourself once the funds become available. If at some point you are no longer covered by an HSA-compatible health plan, you will no longer be able to contribute to the HSA, but the funds in the HSA will remain available for eligible medical expenses.
- What are eligible medical expenses? These are determined by the IRS. In addition to the typical out-of-pocket medical expenses covered by your health plan, the HSA can be used for expenses such as dental, vision, chiropractic services, prescription drugs, and over-the-counter drugs and medicines. HSA funds can be used to pay for eligible medical expenses for you, your spouse, and eligible dependents (that you may claim on your tax return).
- What is an HSA-compatible health plan? The HSA must by offered with an HSA-compatible health plan (often called a high deductible health plan). The plan must meet certain minimum deductible and maximum out-of-pocket requirements set by the IRS. An HSA-compatible health plan provides comprehensive coverage for medical and prescription costs once the deductible and maximum out-of-pocket are met for the plan year. Your health plan will also offer certain preventive care services before meeting the deductible. Your employer will be able to tell you which plan(s) will make you eligible for an HSA.

# Eligible Expense Quick Reference

This list is intended to be used as a quick reference of potentially eligible medical expenses, and does not guarantee that an expense is eligible. It is not intended to be an all-encompassing list and may be updated from time to time. Eligible expenses for Health Savings Accounts (HSAs) are governed by Section 213(d) of the Internal Revenue Code. In addition to the list below, there are over 150 additional items or expense types that are considered potentially eligible and may require a prescription or a letter of medical necessity.

Once your account is open, you will have access to a detailed eligible expense look up table. Simply log in at BenefitResource.com and select Eligible Health Care Expense Table under the Health Savings Plan tab.

#### REMEMBER TO SAVE ALL RECEIPTS

You are responsible for verifying HSA funds were used for eligible expenses if ever audited by the IRS.

#### A-G

- Acupuncture
- Alcoholism treatment
- Allergy treatments (if prescribed)
- Ambulance
- Arthritis gloves
- Artificial limbs
- Artificial teeth
- Asthma devices and medicines (if prescribed)
- Body scans
- Braille books and magazines
- Breast pumps
- Breast reconstruction surgery following mastectomy
- Cancer screenings
- Carpal tunnel wrist supports
- Chiropractors
- Circumcision
- Coinsurance amounts
- Counseling, when used to treat diagnosed medical condition
- CPAP (continuous positive airway pressure) devices
- Crutches
- Dental sealants
- Dental services and procedures
- Dentures and denture adhesives
- Diabetic supplies
- Diagnostic items/services
- · Drug addiction treatment
- · Drug overdose, treatment of
- · Durable medical equipment
- · Eye examinations, eyeglasses, equipment, and materials
- First aid kits
- · Flu shots
- Fluoridation services
- Gauze pads
- Guide dog

- · Hearing aids
- Immunizations
- Insulin
- · Laboratory fees
- · Lactation consultant
- Laser eye surgery, LASIK • Liquid adhesive for small cuts
- · Lodging at a hospital or similar institution

- Mastectomy-related special bras
- Medical alert bracelet or necklace
- · Medical information plan charges
- Medical monitoring and testing devices (e.g. blood-pressure monitoring devices, blood-sugar test kits/strips)
- Medical practitioner's fee for online
- or telephone consultation Medical records charges
- Midwife
- Norplant insertion or removal
- Obstetrical expenses
- · Occlusal guards to prevent teeth grinding
- Operations/surgeries
- Optometrist
- Organ donors Orthodontia
- Orthopedic shoe inserts
- Osteopath fees
- Ovulation monitor Oxygen
- Physical exams
- Physical therapy
- · Pregnancy test kits
- Prescription drugs and medicines, for the purpose of medical care (not general health or cosmetic purposes)
- Preventive care screenings
- Prosthesis
- · Psychiatric care
- · Radial keratotomy

- Radial keratotomy
- Reading glasses
- Rehydration solution
- Rubbing alcohol Screening tests
- · Sleep-deprivation treatment
- Speech therapy
- · Stop-smoking programs
- Telephone equipment or television for hearing-impaired persons
- Thermometers
- Transplants
- Transportation expenses for person to receive medical care, may include car mileage or alternative transportation costs
- Vaccines
- Vision correction procedures
- Walkers
- Wheelchair

#### OTC MEDICAL SUPPLIES

- · Adult incontinence products
- Birth control products (e.g. prophylactics)
- Contact lens solution
- Denture adhesives
- First aid supplies (e.g. bandages)
- Health monitors (e.g. blood pressure, cholesterol, HIV, thermometers)
- · Hearing aid batteries
- Heat wraps
- · Heating pads, hot water bottles
- · Insulin and diabetic supplies
- Medicine dropper/spoon
- Motion sickness devices
- Supports/braces (e.g. ankle, knee, wrist, therapeutic glove)

### OTC DRUGS AND MEDICINES

A prescription may be required for some items (e.g. vitamins and supplements)

- Acne medications
- Allergy and sinus medications · Anti-fungal medications
- Anti-itch medications
- Cold sore medications Cough, cold, and flu remedies
- Decongestants
- Diaper rash ointments
- Ear wax removal drops
- First aid creams
- Gastrointestinal aids (e.g. antacids, antidiarrhea medicines, non-fiber laxatives, nausea medications)
- Lactose intolerance pills
- Motion sickness pills
- Nasal sprays for congestion
- Pain relievers (e.g. aspirin)
- Sleeping aids
- Smoking cessation medications (e.g. nicotine gum or patches)
- Suppositories
- Toothache relievers
- Wart remover medications
- Yeast infection creams



# HSA Plan Comparison and Tax Savings Worksheet

This worksheet can assist in calculating the cost of different health plan options. Be sure to enter all values for a particular plan in a single column. An online comparison calculator is also available at **BenefitResource.com**.

| PL | AN COMPARISON   | HSA-COMPATIBLE<br>PLAN | NON HSA-<br>COMPATIBLE PLAN |
|----|---|------------------------|-----------------------------|
| А  | Enter the amount you would pay in annual premiums under each plan   | \$                     | \$                          |
| В  | Enter the amount of the plan deductible   | \$                     | \$                          |
| С  | Enter the amount of the maximum out-of-pocket limit   | \$                     | \$                          |
| D  | Enter the % coinsurance (% you pay once the deductible is met)  | %                      | %                           |
| Е  | Calculate your estimated prescription drug cost  1. HSA-compatible health plan estimate =  Number of prescriptions X Average cost (if unknown, enter \$50)  2. Non HSA-compatible plan estimate =  Number of prescriptions X Average cost or copay (if unknown, enter \$50)   | \$                     | \$                          |
| F  | Calculate your estimated doctor visit cost  1. HSA-compatible health plan estimate =  Number of doctor visits X Average cost (if unknown, enter \$150)  2. Non HSA-compatible plan estimate =  Number of doctor visits X Average cost or copay (if unknown, enter \$150)  | \$                     | \$                          |
| G  | Enter other anticipated out-of-pocket medical expenses (e.g. hospital expenses, specialty care)   | \$                     | \$                          |
| Н  | Total Medical Expenses (Line E + Line F + Line G)   | \$                     | \$                          |
| I  | Total Medical Expenses counted towards deductible  1. HSA-compatible health plan estimate = Line H  2. Non HSA-compatible health plan estimate = Line F + Line G  | \$                     | \$                          |
| J  | Estimated out-of-pocket  1. HSA-compatible health plan estimate  If Line I is less than Line B, enter Line I, otherwise calculate the below: a. Line I Line B = b. Result from Line J1a x Line D = c. Result from Line J1b + Line B = d. If Line J1c is less than Line C, enter Line J1c, otherwise enter Line C  2. Non HSA-compatible plan estimate  If Line I is less than Line B, enter Line H, otherwise calculate the below: a. Line I Line B = b. Result from Line J2a x Line D = c. Result from Line J2b + Line B = d. If Line J2c is less than Line C, enter Line J1c + Line E = otherwise enter Line C + Line E = otherwise enter Line C + Line E = | \$                     | \$                          |
| K  | Estimated cost of the plan (Line A + Line J)  | \$                     | \$                          |
| L  | Employer HSA Contribution   | \$                     | NOT APPLICABLE              |
| М  | NET COST OF THE PLAN TO YOU (Line L - Line K)   | \$                     | \$                          |

#### HSA CONTRIBUTION TAX SAVINGS

In addition to the plan estimates listed above, the HSA-compatible plan option will provide additional tax savings on contributions and medical expenses. To calculate the estimated tax savings, complete the chart below.

| Ν | Enter estimated HSA Contribution   | \$<br>\$ |
|---|--|----------|
| 0 | Enter tax rate (what you pay in total for Federal, State, and Local taxes. If uncertain, use 30% of your gross salary) | \$<br>\$ |
| Р | ESTIMATED ANNUAL TAX SAVINGS   | \$<br>\$ |

### How Does the Beniversal HSA Work?

If you elected to make HSA contributions through your employer, you will receive them at regular intervals; typically, it is the same as your payroll cycle. You can verify that contributions have posted to your account by logging in at **BenefitResource.com**.

If you did not elect to make contributions through your employer, or if you would like to make supplemental contributions, you can make them directly by logging into the HSA participant site.

# USING YOUR HSA FUNDS WITH THE BENIVERSAL MASTERCARD



#### The Beniversal Prepaid

Mastercard can be used at qualified merchants providing medical products and services. You simply use the card at point-of-sale to pay for eligible medical expenses. If you have other pre-tax benefit accounts, such as a Limited FSA, you will use the same card for accessing these benefits. The card contains payment rules to identify which account the expense applies to.

#### USING YOUR HSA FUNDS THROUGH AN ONLINE TRANSFER

Using an HSA just got easier. Online transfers provide a flexible option to reimburse yourself when other payment methods are not accepted or available. You will be asked to link a personal checking or savings account to your HSA. Once linked, you can conveniently transfer funds to/from your HSA and personal account.

Regardless of how you access HSA funds, always save your receipts. Benefit Resource (BRI) will not ask for your receipts with an HSA, but if you are ever audited by the IRS, you may need to prove the funds were used for eligible expenses.

#### DID YOU KNOW?

HSAs help you save for the future. 90% of HSA participants carry a balance over year to year. The average carry over is over \$1,800.

#### INCREASING YOUR HSA VALUE

BRI provides you with a secure and competitive interest-bearing account through HSA Bank, a division of Webster Bank, n.a., Member FDIC. Additionally, HSA Bank provides unique opportunities to invest HSA funds in self-directed investment options. It's a great way to potentially grow HSA funds. HSA Bank offers investment options through TD Ameritrade Self-directed Brokerage and the DEVENIR Self-direct Mutual Fund program. Investments are not FDIC insured, may lose value, and are not bank guaranteed.

# ACCESSING YOUR ACCOUNT INFORMATION ONLINE

The HSA participant site is available through

BenefitResource.com. Through our website, you have
24/7 access to your account information including
balances, transactions, forms, resources, online transfers,
statements, and investments (if applicable). If you have
additional accounts with BRI, you will also have access
to a combined dashboard view of all these accounts

#### CONTACT PARTICIPANT SERVICES

Participant Services is available to assist with your HSA questions by phone, email and live chat. Both Englishand Spanish-speaking representatives are available.

- (800) 473-9595 (Monday–Friday, 8am 8pm (ET))
- ☑ ParticipantServices@BenefitResource.com
- Live chat is available through the participant login at BenefitResource.com

# Getting Started

BRI makes it easy to determine if an HSA works for you. Visit our online calculators at **BenefitResource.com** or complete the **HSA Plan Comparison & Tax Savings Worksheet** to understand the financial and tax savings an HSA can provide you.

# DETERMINE YOUR CONTRIBUTION ELECTION

You will need to determine how much you intend to contribute to the HSA and consider any contributions your employer may make. Some recommendations for determining your contribution amount:

- Fund enough to cover the deductible
- 2 Fund enough to cover the maximum out-of-pocket
- 3 Fund the annual maximum contribution

# ENROLL IN THE HSA-COMPATIBLE HEALTH PLAN AND HSA

Before you can contribute to an HSA, you will need to select the HSA-compatible health plan. Your employer will provide instructions regarding how and when enrollment will need to be completed.

#### DID YOU KNOW?

- HSAs provide preventive services before the deductible. See your health plan information to learn what preventive services are covered before meeting your deductible.
- HSAs limit your out-of-pocket expenses. The
  maximum out-of-pocket for an HSA includes all
  covered health and prescription expenses. If you
  meet this limit, you will have no copayments or
  coinsurance to pay for covered in-network services.

**Pro Tip:** Since you own the HSA, your funds will carry over and are eligible for use in future years. If your needs change, you can generally change your HSA election without waiting for a qualifying life event or until the next Open Enrollment period. Ask your employer when changes are permitted.

# WHAT TO EXPECT ONCE YOU ENROLL

Within two weeks of opening the account, you will receive several items. Please watch for these closely as they contain important information regarding your account.

- HSA confirmation email: Upon account opening, you will receive a welcome email from BRI.
- **HSA** welcome letter: Your welcome letter provides your account number, along with important information for managing your accounts.
- Beniversal card: If you do not already have a card, you will receive one for use with your HSA. Follow the instructions to activate the card. Remember to always save your receipts.
- Account statements: You will receive periodic account statements by mail. A paper statement fee applies (see your HSA account holder agreement). To avoid this fee, log into your account at BenefitResource.com and elect electronic statements.



245 Kenneth Drive | Rochester, New York 14623-4277 Toll-free: (866) 996-5200 | Fax: (585) 424-7273 | BenefitResource.com

HSA Bank does not provide troinenge/investment services; troinerage services are provided by 10 Ameritanda, inc., member FINRA/SFO/NFA, and mestiment services are provided by 10 Ameritanda, inc., member FINRA/SFO/NFA, and mestiment services are provided by 10 Ameritanda, and to PEVENIR are separate, unaffiliated companies and are not responsible for each other's services or provides. Exit for ending of services provided by 10 Ameritanda, and other business entition for providing various services to the funds, including distribution (120-1) and service fees. Your ability to replace losses in the investment account may be limited by the annual contribution limits of your HSA. HSA Bank does not offer investment account, or an obligation of HSA Bank, and they may lose value. They are not parartited by any federal government person, Performance data and ratings represent past performance and are not a guarantee of yar federal government service. The provided by the provided by the provided by HSA Bank, and shown or the provided by HSA Bank and sho

The Beniversal Prepaid Mastercard is issued by The Bancorp Bank pursuant to license by Mastercard International Incorporated. Mastercard is a registered trademark, and the circles design is a trademark of, Mastercard International Incorporated. Card accepted at qualified merchants accepting Debit Mastercard. The Bancorp Bank; Member FDIC.

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